

Client Contact Information

First name

Last name

Phone Number

Email

Birth date *

Street address

City

State

Zip code

Cupping Therapy Policy

About Cupping Therapy

Cupping is a therapeutic technique that comes from traditional Chinese medicine (TCM) and is believed to have numerous health benefits in addition to stimulating the flow of qi ("life force") within the body. This body treatment integrates well with massage therapy, and involves applying a localized negative pressure (suction) to the skin using glass, plastic or silicone cups at targeted areas of the body. The intent of this therapy is to stimulate the function of the circulatory and lymphatic systems. It may also help to release congested tissues and loosen adhesions at superficial tissues of the body.

Cupping Therapy is NOT recommended:

- Blood clots
- Bleeding disorders

- Hemophilia
- Acute skin condition
- Sunburn/Rash
- Acute injury
- Infections
- Skin lesions
- Cancer and undergoing radiation/chemotherapy
- Areas of herniation
- Hematomas
- Phlebitis/ Varicose veins
- Severely impaired sensation
- Acute cellulitis/ lymphedema

Consent to receive cupping therapy

- Information about massage cupping in general, techniques, potential benefits, effects, risks, after-care recommendations, and possible alternative therapies have been explained to client understands this information.
- Client understands that the vacuum formed by cupping may result in marks being left on the body.
- The therapist has informed the client of the contraindications of cupping therapy, and client has provided the therapist with an accurate and complete medical history to rule out any contraindications to receiving this treatment.
- Client agrees to communicate to the therapist any physical discomfort experienced during the session.
- Client has been given an opportunity to ask questions about cupping therapy and have had their questions answered to client's satisfaction.
- Client is not taking blood thinners, and client indicated they have no contraindications for cupping therapy.
- Client releases the massage therapist and business from all liability for any harm that may result from this treatment.

Client further understands that massage and cupping therapy is not a substitute for a medical examination or treatment, and that you should see a physician or other qualified health specialist for any mental or physical ailment of which you are aware. Client understands that massage therapists do not diagnose illness or disease, and nothing said during the treatment should be construed as such. Client consent is informed and voluntary and client understands that they may withdraw consent at any time except for actions already taken.

Signature

Date